

Tomato Cucumber Salad

Salad:

- 2 medium tomatoes, cubed {I used heirloom}
- 1 medium cucumber, trimmed, halved and sliced thin
- 1/4 cup of diced red onion
- 2-3 basil leaves torn into pieces
- 1/2 teaspoon Himalayan sea salt
- 1/4 teaspoon ground black pepper

Vinaigrette:

- 6 tablespoons avocado or olive oil
- 3 tablespoon apple cider vinegar
- 1 garlic clove, minced
- 1 teaspoon Italian seasoning mix
- Pinch of Himalayan sea salt
- Pinch of ground black pepper

Salad: Toss ingredients together in serving bowl. Set Aside

Vinaigrette: Place all ingredients in a bowl in whisk or place in mason jar and shake to blend.
Serving

Size = 2 cups of salad with 2 teaspoons of dressing

