

Chicken Salad Zucchini Wraps

- 3oz.chicken breast grilled and shredded
- 1 tablespoon vegan or avocado mayo
- 1/4 cup diced celery
- 1/4 cup diced granny smith apple
- 1/2 tsp. dried dill seasoning
- 1/2 tsp. dried parsley
- 1/4 fresh squeezed lemon
- Himalayan sea salt to taste.
- 1 zucchini

1. Mix thoroughly.

2. Slice zucchini lengthwise very thinly. Roll chicken salad in zucchini.

Makes one serving.

Serving size = 3 oz chicken, 2 cups vegetables

Enjoy whole granny smith apple to complete meal.

