

Avocado Lime Cilantro Dressing

- 1 avocado peeled and pitted
- 1 teaspoon garlic minced
- Pinch salt
- Pinch black pepper
- 2 limes juiced
- 1 tablespoon apple cider vinegar
- 1/4 cup olive oil
- 1/4 cup fresh cilantro leaves
- 2 tablespoon water



1. Put all the ingredients together in your blender and blend until smooth and creamy. If too thick add 1 tablespoon of water at a time blending until comes to the consistency that suits you. Serve immediately or store covered in refrigerator for up to 2 days.

Serving Size = 2 teaspoons