

# Apple Pie Protein Shake

What could be more American than apple pie? Capture that nostalgic flavor GUILT FREE every time you make this delicious and nutritious treat!!! The almond butter adds some amazing healthy fat to make this a true meal replacement option!!

As American as Apple Pie Protein Shake

## Ingredient:

- 1 scoop pure vitality vanilla protein powder
- 1 apple peeled cored and cut into chunks
- 1 cup almond milk
- 1 TBS Almond Butter
- ½ tsp cinnamon
- ½ tsp vanilla extract
- ½ tsp butter extract
- Dash of ground nutmeg or apple pie spice
- Stevia to taste if desired
- 1 cup of ice

## Directions:

Blend all ingredients in a bullet or blender of your choice.

ENJOY!!!

